

eTeens

Wise.Informed.Sensible.Empowered

AIMS OF *eTEENS*

1. The Empowered Teens (*eTeens*) programme aims to provide students with accurate information to help them make good decisions in their life choices. It raises awareness and knowledge about the following:
 - a) awareness of the different sexually transmitted infections (STIs) and HIV/AIDS;
 - b) modes of transmission for STIs and HIV/AIDS;
 - c) modes of protection against infection, specifically abstinence and the correct use of condoms;
 - d) skills for decision-making, assertiveness, negotiation to say “no” to peer pressure to have pre-marital sex; and
 - e) consequences and impact of STIs/HIV.

FORMAT OF PROGRAMME

2. The *eTeens* programme comprises a mass talk for JC/MI1 students, and a mass talk with a classroom-based lesson for Secondary 3 students.
 - a) The duration of the mass talk is about 35 minutes. The talk is delivered through a video screening accompanied with a pre-recorded presentation of key learning points.
 - b) The lesson for Secondary schools reinforces skills on responsible decision-making, negotiation and assertiveness. The suggested time for the lesson is one hour.
 - c) The classroom-based lesson is conducted by teachers who are MOE-trained to teach Sexuality Education.