

WHAT DO STUDENTS LEARN IN FAMILY EDUCATION?

Through Family Education lessons in Character & Citizenship Education (CCE) curriculum, students learn how to be responsible as family members, and to be grateful to their families*in shaping who they are and who they will become.

They are encouraged to love and appreciate their families, reflect on the value of family relationships, and the importance of strengthening family relationships now, and for the future.



* Families take different forms, with members or guardian playing different roles, such as both parents or a grandparent as the main caregiver, or single-parent families, foster or adoptive families and families with step-parents.

Students learn skills to

- strengthen relationships,
- appreciate the importance of families and
- demonstrate love, commitment, respect, care and concern for their family members.



• HOW CAN PARENTS REINFORCE GRATITUDE ? •

DO ROLE-MODEL BY SHOWING GRATITUDE

"I appreciate it when you show care by helping with the household chores."

Thank you!

DON'T FOCUS ON FAULT-FINDING

"You did not thank me when I ironed your uniform."



SOME TIPS FOR PARENTS

- While it is important for children to learn to be responsible, ensure sufficient support is provided so that your child does not feel overwhelmed.
- Encourage your child by expressing gratitude and appreciation.



• HOW CAN PARENTS REINFORCE LOVE ? •

DO

SHOW LOVE, PRAISE SPECIFIC BEHAVIOURS

" You listened to me and put away your device yesterday when asked. That's good. Why don't you stop your video games now and let's spend some time at the park?"



DON'T

PUNISH BEHAVIOURS WITHOUT EXPLAINING

"If you don't stop playing online games all day long, I will punish you."



SOME TIPS FOR PARENTS

- Discipline with care. Avoid harsh punishment, explain the reason when disciplining.
- Create positive relationships by showing love through affirmation and spending quality time.



HOW CAN PARENTS REINFORCE RESPECT ?

DO

**COMMUNICATE
RESPECTFULLY**

"Can you show your younger brother how to keep the toys away? Can you do it together so that he can learn from you?"



DON'T

**IMPOSE EXPECTATIONS
WITHOUT SHOWING
UNDERSTANDING**

"Why can't you help your younger brother pick up all the toys?"



SOME TIPS FOR PARENTS

- When conveying instructions, explain the rationale, avoid blaming and support your child in carrying out the task.
- Encourage the child to role model by setting a good example for his or her siblings.



• HOW CAN PARENTS REINFORCE CARE AND CONCERN ? •

DO

SHOW CARE AND CONCERN

"It is good that you tried your best. Don't give up. We will always support you."



DON'T

BE DISCOURAGING

"Why can't you do better in your studies?"



SOME TIPS FOR PARENTS

- **Recognise your child's efforts and progress, and not just the results. Avoid comparison.**
- **When children do not want to disappoint their parents, they may try to meet parental expectations at the expense of their wellbeing.**
- **Encourage and assure your child by being present and provide support and understanding.**

