

# **BIOLOGY**

# **SYLLABUS**

## **Upper Secondary**

## **Express Course**

Implementation starting with  
2023 Secondary Three Cohort



Ministry of Education  
SINGAPORE

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# **SECTION 1: INTRODUCTION**

Science Curriculum Framework  
Developing 21<sup>st</sup> Century Competencies through Science  
Purpose and Value of Biology Education  
Aims  
Disciplinary Ideas of Biology  
Practices of Science  
Values, Ethics and Attitudes

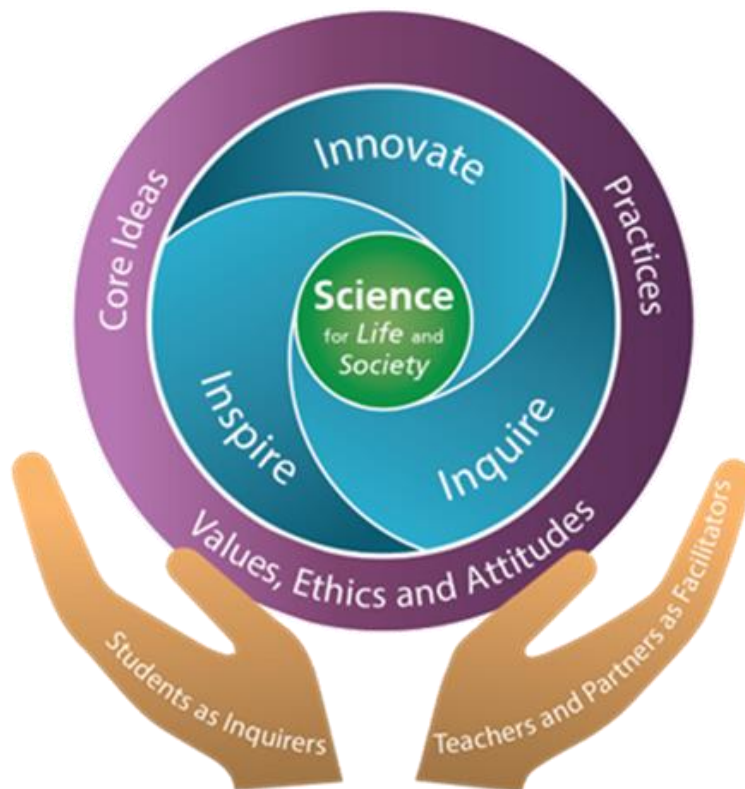
# 1. INTRODUCTION

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## 1.1 Science Curriculum Framework

The *Science Curriculum Framework* (see **Figure 1.1**) encapsulates the thrust of science education in Singapore, which is to provide students with a strong foundation in science for life, future learning, citizenry and work.

***Science for Life and Society*** at the core of the curriculum framework captures the essence of the goals of science education.



**Figure 1.1:** Science Curriculum Framework

Our science students are diverse, with different needs, interests and aptitudes for science. Given the diversity of our students and the needs of our country, the twin **goals of science education** are:

- To enthuse and nurture all students to be scientifically literate, which can help them to make informed decisions and take responsible actions in their daily lives.
- To provide strong science foundations for students to innovate and pursue STEM for future learning and work.

Surrounding the core of the framework are the three “IN”s, *inspire*, *inquire* and *innovate*, which represent the **vision of science education**. It encapsulates the desired overall experience of our students in science education:

- INspired by science. Students enjoy learning science and are fascinated by how everyday phenomena have scientific connections and how science helps solve many of our global challenges. They regard science as relevant and meaningful, and appreciate how science and technology have transformed the world and improved our lives. A good number of students see science-related careers as a viable profession to serve the good of society.
- INquire like scientists. Students have a strong foundation in science, and possess the spirit of scientific inquiry. They are able to engage confidently in the Practices grounded in the knowledge, issues and questions that relate to the roles played by science in daily life, society and the environment. They can discern, weigh alternatives and evaluate claims and ideas critically, based on logical scientific evidence and arguments, and yet be able to suspend judgement where there is lack of evidence.
- INnovate using science. Students apply and experience the potential of science to generate creative solutions to solve a wide range of real-world problems, ranging from those affecting everyday lives to complex problems affecting humanity. A strong pipeline of students can contribute towards STEM research, innovation and enterprise.

The outer ring represents the domains that make up the strong science fundamentals: *Core Ideas* of science, *Practices of Science*, and *Values, Ethics and Attitudes* in science.

- Core Ideas. Core Ideas are the distilled ideas central to the discipline. The Core Ideas help students see the coherence and conceptual links *across* and *within* the different sub-disciplines of science (i.e. biology, chemistry and physics).
- Practices of Science (POS). The Practices consist of three components:
  - (a) Demonstrating Ways of Thinking and Doing in Science (WOTD);
  - (b) Understanding the Nature of Scientific Knowledge (NOS); and
  - (c) Relating Science, Technology, Society and Environment (STSE).

They represent the set of established procedures and practices associated with scientific inquiry, what scientific knowledge is and how it is generated and established, as well as how science is applied in society. The Practices serve to highlight that the discipline of science is more than the acquisition of a body of knowledge (e.g. scientific facts, concepts, laws, and theories); it is also a *way of thinking and doing*. In particular, it is important to appreciate that the three components representing the cognitive, epistemic and social aspects of the Practices are intricately related.

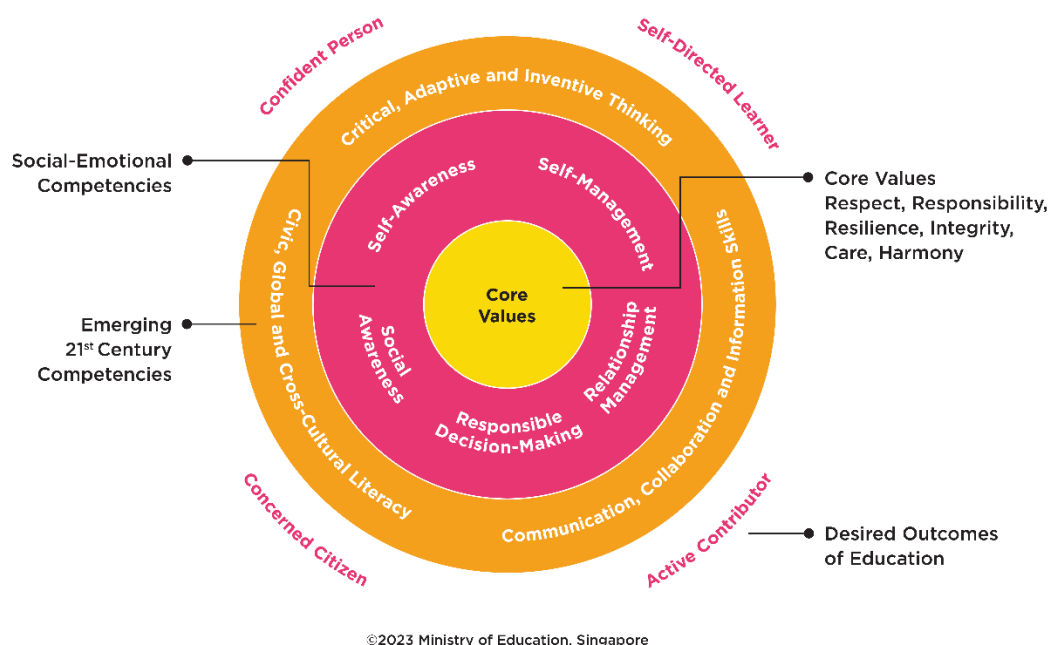
- Values, Ethics and Attitudes (VEA) in Science. Although science uses objective methods to arrive at evidence-based conclusions, it is in fact a human enterprise conducted in particular social contexts which involves consideration of values and ethics. It is important for our students to be aware of and appreciate the values and ethical implications of the application of science in society. Thus, science education needs to equip students with the

ability to articulate their ethical stance as they participate in discussions about socio-scientific issues that involve ethical dilemmas, with no single right answers.

The pair of hands in the Science Curriculum Framework represents the roles of students *as inquirers* in their learning and pursuit of science, supported by *teachers and partners as facilitators* of the students' learning experiences, to impart the excitement and value of science to the students. The partnership of learning and teaching goes beyond the students and teachers to include other partners who can facilitate learning in various contexts to help fuel students' sense of inquiry and innovation, to inspire them and to help them appreciate the application of science in their daily lives, society and the environment.

## 1.2 Developing 21<sup>st</sup> Century Competencies through Science

To prepare our students for the future, a Framework for 21st Century Competencies (21CC) and Student Outcomes was developed by MOE (see **Figure 1.2**). This 21CC framework guides the purposive development, through the total curriculum, of key competencies and mindsets for students to thrive and contribute in the 21st century.



**Figure 1.2:** Framework for 21<sup>st</sup> Century Competencies and Student Outcomes

In Singapore, science education plays a crucial role in equipping our students to understand and tackle the myriad of local and global challenges of the 21<sup>st</sup> century. These challenges include issues such as climate change, technological disruptions (e.g. artificial intelligence), and the sustainable management of resources to support urban development and economic growth. To effectively address these challenges, it is vital to cultivate scientifically literate citizens who:

- Possess the mindset and practical knowledge of science and its applications to make informed decisions and take responsible actions in their daily lives.
- Appreciate science as part of humanity’s intellectual and cultural heritage, recognising the beauty and power of its ideas, and engaging in socio-scientific issues ethically and in an informed manner.
- Can apply scientific knowledge and skills, as well as embrace scientific attitudes and mindsets to innovate and explore new frontiers.

In this respect, engaging our students in the Practices of Science (POS) is aligned with the larger goal of developing 21CC in our students. The emerging 21CC that can be most naturally developed through science are **Critical Thinking, Inventive Thinking and Communication**, while the development of the others depends on the context of the lesson. Intentional development of 21CC through science makes learning meaningful and facilitates the transfer of learning (refer to the table below for specific examples).

## Critical Thinking

**Critical Thinking** refers to the ability to exercise sound reasoning and metacognitive thinking to interpret and analyse information and evidence, draw conclusions, make decisions, and solve problems.

Developmental Milestone	Examples of how it could look like in an Upper Secondary Science classroom
<ul style="list-style-type: none"><li>• Use evidence and adopt different viewpoints to explain their reasoning and decisions, having considered the implications of the relationship among different viewpoints.</li><li>• Plan, organise and evaluate their thinking strategies to monitor their learning. Suspend judgement, reassess conclusions and consider alternatives to refine their thoughts, attitudes, behaviour and actions.</li></ul>	<p>Students should be given opportunities to:</p> <ul style="list-style-type: none"><li>• draw conclusion(s) from the interpretation of observations and/or experimental data and underlying principles.</li><li>• compare and assess competing claims in the context of currently accepted explanations, limitations (e.g., trade-offs), constraints, and ethical issues.</li><li>• identify and analyse a situation, reflecting on the implications of decisions (e.g., weighing risks and benefits) by appreciating and evaluating diverse viewpoints, including scientific/technological, economic, social, environmental, and ethical considerations, using evidence to support their viewpoints.</li></ul>

## Inventive Thinking

**Inventive Thinking** refers to the ability to frame, investigate and explore issues, generate innovative ideas and evaluate them to form novel and useful responses.

Developmental Milestone	Examples of how it could look like in an Upper Secondary Science classroom
<ul style="list-style-type: none"><li>• Generate ideas that are unique or modified substantially from existing ones and explore different pathways that lead to solutions.</li><li>• Evaluate and refine their ideas iteratively, using relevant strategies and based on a set of criteria that is appropriate for the task or context.</li></ul>	<p>Students should be given opportunities to:</p> <ul style="list-style-type: none"><li>• design investigations to inquire into specific phenomena or solve issues set in authentic contexts, with consideration for relevance, accuracy, precision, limitations, and potential sources of error.</li><li>• evaluate and refine ideas and solutions in a systematic and iterative manner through applying logic, collection of evidence, experimentation, and applying scientific knowledge.</li><li>• ensure that their ideas and solutions developed through experimentation are appropriate for the context in which they are developed.</li></ul>



## Communication

**Effective communication** refers to the ability to convey information and exchange ideas clearly and coherently through multimodal ways for specific purposes, audiences and contexts.

Developmental Milestone	Examples of how it could look like in an Upper Secondary Science classroom
<ul style="list-style-type: none"><li>• Convey and critically evaluate knowledge to co-construct new understandings and complex ideas persuasively and with impact, while considering the specific purpose and context of communication.</li><li>• Respond with respect and empathy. The student is sensitive to the diverse backgrounds that influence the context of communication with others.</li></ul>	<p>Students should be given opportunities to:</p> <ul style="list-style-type: none"><li>• communicate and evaluate scientific findings and information using various modes of communication (e.g., written, verbal, pictorial, tabular, or graphical) while employing scientific concepts and ideas.</li><li>• seek feedback and/or acceptance of explanations or solutions within the class or wider community.</li></ul>

### 1.3 Purpose and Value of Biology Education

Biology is the study of life and hence, biology education provides a foundational understanding about the organisation and interactions at organismal, physiological and molecular levels. It develops in students a scientific mind and disposition, while addressing the broader questions of what life is and how life is sustained. Biological knowledge, skills and understanding allow us to tackle real-world challenges relating to climate change, energy, food, health and disease.

The study of biology is cognisant of the vast amounts of Life Sciences knowledge in the on-going biological revolution, which is driven by the evolving nature of biological knowledge and emergence of new biological fields. As such, the study of biology is stimulating, ethical and interesting, where taking action to care for the local and global environment is inherent to the nature of the subject.

In Singapore, biology education from primary to pre-university has been organised as a continuum in the following manner:

- a) From Primary 3 to 6, students learn about how life works at the systems level;
- b) From Lower Secondary Science to Upper Secondary Biology, students learn about how life works through an understanding of the physiological processes in living organisms.
- c) At the A-Level, students learn about how life works at the cellular and molecular level while understanding their implications on macro levels.

### 1.4 Aims

The Upper Secondary Biology syllabus seeks to develop in students the understanding, skills, ethics and attitudes relevant to the Practices of Science, enabling them to

- a) appreciate practical applications of biology in the real world,
- b) deepen their interest in biology for future learning and work,
- c) become scientifically literate citizens who can innovate and seize opportunities in the 21st century, and
- d) develop a way of thinking to understand how living organisms work to sustain life and use the disciplinary ideas in biology to approach, analyse and solve problems in biological systems.

The Disciplinary Ideas of Biology, the Practices of Science, and the Values, Ethics and Attitudes are elaborated in sections **1.5** to **1.7**.

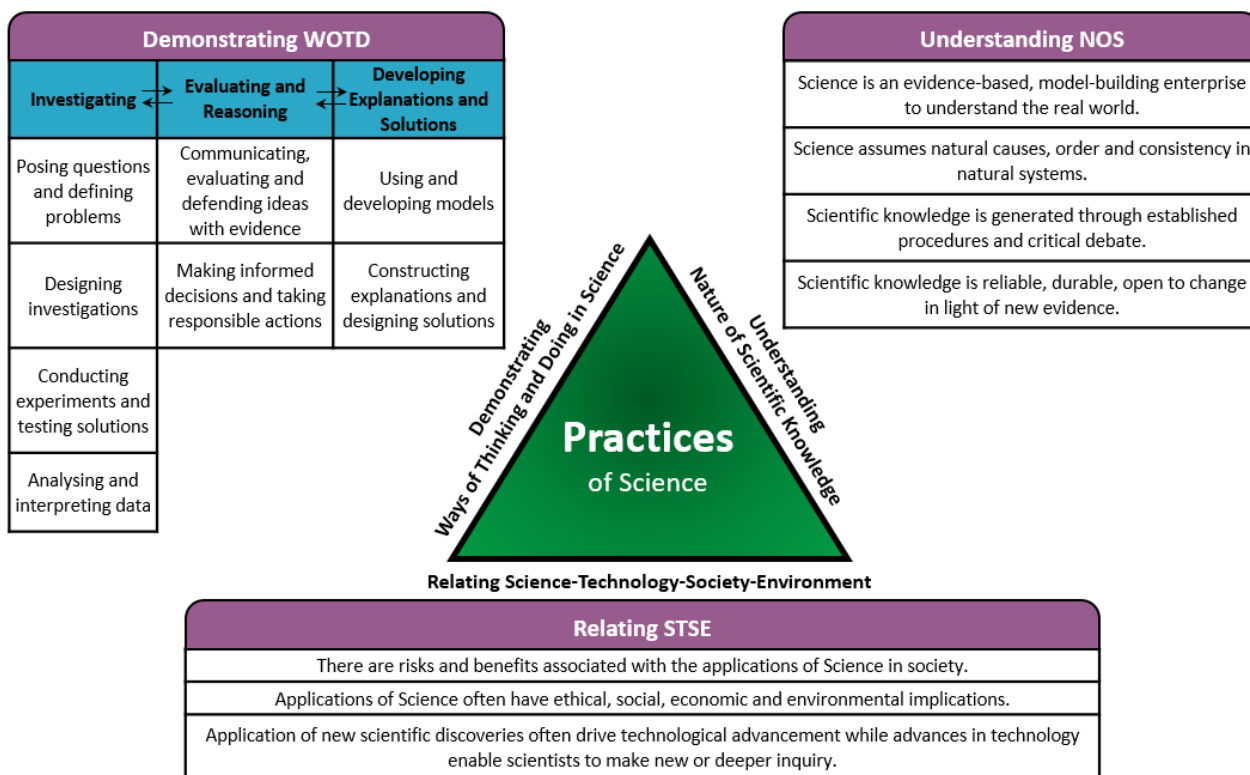
## 1.5 Disciplinary Ideas of Biology

The disciplinary ideas of biology described below represent the overarching ideas which can be applied to explain, analyse and solve a variety of problems that seek to address the broader question of how living organisms work to sustain life. The purpose of equipping students with an understanding of these ideas is to develop in them a coherent view and conceptual framework of scientific knowledge to facilitate the application and transfer of learning. These ideas can be revisited throughout the syllabus, deepened at higher levels of learning and beyond the schooling years.

1. **The Cell** - Diverse life forms are similar in that their basic unit are cells.
2. **Structure and Function** - Structure and function of organisms from the molecular to the organ system levels are related to each other.
3. **Systems** - Biological systems interact among themselves and with the environment resulting in the flow of energy and nutrients.
4. **Energy** - To ensure survival, living organisms obtain, transform and utilise energy from the external world.
5. **Homeostasis, Co-ordination and Response** - Living organisms detect changes both from the surrounding environment and within themselves so that they are able to respond to these changes to maintain a constant internal environment needed for sustaining life.
6. **Heredity** - Genetic information is passed down from parents to offspring during reproduction to ensure the continuity of life.
7. **Evolution** - The diversity of living organisms is achieved through a process of evolution, driven by mechanisms such as natural selection.

## 1.6 Practices of Science

Teachers are encouraged to provide opportunities for students to develop the Practices of Science. It is important to appreciate that the three components of the Practices are intricately related.



**Figure 1.3:** Practices of Science

## 1.7 Values, Ethics and Attitudes

Although science uses objective methods to arrive at evidence-based conclusions, it is in fact a human enterprise conducted in particular social contexts which involves consideration of values and ethics. The intent of fostering an awareness and appreciation of these values in the curriculum is to sensitise our students to the ethical implications of the application of science in society. The challenges that humanity will face in the upcoming centuries will not be overcome by scientific and technological solutions alone. There is a need to consider the impact of these solutions in terms of their benefits to humanity and the ethical issues involved. Thus, science education needs to equip students with the ability to articulate their ethical stance as they participate in discussions about socio-scientific issues<sup>1</sup> that involve ethical dilemmas, with no single right answers.

<b>Values, Ethics and Attitudes</b>	<b>Description</b>
Curiosity	Desiring to explore the environment and question what is found.
Creativity	Seeking innovative and relevant ways to solve problems.
Integrity	Handling and communicating data and information with complete honesty.
Objectivity	Seeking data and information to validate observations and explanations without bias.
Open-mindedness	Accepting all knowledge as tentative and suspending judgment. Tolerance for ambiguity. Willingness to change views if the evidence is convincing.
Resilience	Not giving up on the pursuit for answers / solutions. Willingness to take risks and embrace failure as part of the learning process.
Responsibility	Showing care and concern for living things and awareness of our responsibility for the quality of the environment.
Healthy Scepticism	Questioning the observations, methods, processes and data, as well as trying to review one's own ideas.

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<sup>1</sup> Examples of socio-scientific issues are genetic engineering (e.g. cloning and gene therapy), reproductive technology, climate change and the adoption of nuclear energy.

# **SECTION 2: CONTENT**

Cells and the Chemistry of Life  
The Human Body – Maintaining Life  
Living Together – Plants, Animals and Ecosystems  
Continuity of Life

## 2. CONTENT

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### Content structure

The content of this syllabus is organised to reflect the hierarchical organisation of living organisms. This sequence allows students to systematically explore the functions and processes of living organisms at the various levels of life, with increasing complexity. It will also enable students to appreciate how the processes at different levels interact to carry out the activities necessary to maintain life.

Sections	Topics
Cells and the Chemistry of Life	1. Cell Structure and Organisation
	2. Movement of Substances
	3. Biological Molecules
The Human Body – Maintaining Life	4. Nutrition in Humans
	5. Transport in Humans
	6. Respiration in Humans
	7. Excretion in Humans
	8. Homeostasis, Co-ordination and Response in Humans
	9. Infectious Diseases in Humans
Living Together – Plants, Animals and Ecosystems	10. Nutrition and Transport in Flowering Plants
	11. Organisms and their Environment
Continuity of Life	12. Molecular Genetics
	13. Reproduction
	14. Inheritance

## Guide to using this section

This is a brief description of the features in **Sections 2.1-2.4.**

### Section overview

#### 2.1 Cells and the Chemistry of Life

##### Overview

*Driving Question: What are living organisms made of at the cellular and molecular level?*

Living things are different from non-living things in their ability to grow, reproduce, move, and respond to change. Understanding what makes these characteristics possible requires an appreciation of the hierarchical organisation of life (from cells → tissues → organs → systems → organism) and the processes needed to sustain life at each level.

In this section, we begin by exploring life at the smallest level. Amidst the great diversity of living organisms on earth, all living organisms are fundamentally similar at the smallest level; they are all made of cells and a common set of carbon-based molecules. Physiological processes in living organisms can be explained through activities happening at the cellular level. For instance, the transport of oxygen around the body is made possible by red blood cells that bind oxygen to haemoglobin.

**Driving question** - sets the focus for each section.

**Section narrative** - highlights the value of learning the concepts covered in each section and the connections among the topics to guide teachers in making learning relevant and coherent.

### Topic overview

#### TOPIC 1. CELL STRUCTURE AND ORGANISATION

- Plant and Animal Cells
- Cell Specialisation

##### Guiding Questions

- What is the basic unit of life?
- What are cells made of and how do they work?

##### Topic Description

Since the 17<sup>th</sup> century, scientists sought to find the basic unit of life as they believe it holds the key to explain what makes life possible. This search was accelerated by Antonie van Leeuwenhoek's invention of the microscope which extended our ability to see beyond the power of the human eye and led Robert Hooke to discover the cell as the basic unit of life. Technological advancements of microscopes over the years have allowed us to study the complex and intricately organised world within each cell with greater detail.

Just like workers in a factory, each organelle within each cell has a specific function to carry out. Such division of labour enables the organelles in a cell to work as a collective whole to carry out the vital processes needed to sustain life. Studying cell structure and its activities allows us to understand how living organisms work and through which, develop solutions to improve the quality of life (e.g. more effective medicines and crops with improved qualities).

**Guiding Questions** - highlight the essential takeaways for each topic.

**Topic description** - highlights the key ideas within each topic and the value of learning them to guide teachers in making learning relevant.

### Learning Outcomes

#### Learning Outcomes

- (a) identify and state the functions of the following cell structures (including organelles) of typical plant and animal cells from diagrams, light micrographs and as seen under the light microscope using prepared slides and fresh material treated with an appropriate temporary staining technique:
- cell wall
  - cell membrane
  - cytoplasm
  - nucleus



## 2.1 Cells and the Chemistry of Life

### Overview

*Driving Question: What are living organisms made of at the cellular and molecular level?*

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At the molecular level, living organisms are made of four elements carbon, hydrogen, oxygen and nitrogen. These elements make life possible as they combine to form macromolecules such as carbohydrates, proteins and fats, which are needed to sustain life by providing energy, building cellular structures, and for growth and repair.

The overarching ideas of this section are cells as the basic unit of life, correlation between structure and function and how living organisms obtain, transform and utilise energy from the external world at the cellular level to sustain life. Knowing how life works at the cellular and molecular level will provide students with a foundation to understand processes needed to sustain life at the tissue, organ and system levels, which are covered in subsequent sections of this syllabus.

## TOPIC 1. CELL STRUCTURE AND ORGANISATION

- Plant and Animal Cells
  - Cell Specialisation
- 

### ***Guiding Questions***

- What is the basic unit of life?
- What are cells made of and how do they work?

### ***Topic Description***

Since the 17<sup>th</sup> century, scientists sought to find the basic unit of life as they believe it holds the key to explain what makes life possible. This search was accelerated by Antonie van Leeuwenhoek's invention of the microscope which extended our ability to see beyond the power of the human eye and led Robert Hooke to discover the cell as the basic unit of life. Technological advancements of microscopes over the years have allowed us to study the complex and intricately organised world within each cell with greater detail.

Just like workers in a factory, each organelle within each cell has a specific function to carry out. Such division of labour enables the organelles in a cell to work as a collective whole to carry out the vital processes needed to sustain life. Studying cell structure and its activities allows us to understand how living organisms work and through which, develop solutions to improve the quality of life (e.g. more effective medicines and crops with improved qualities).

### Learning Outcomes

- (a) identify and state the functions of the following cell structures (including organelles) of typical plant and animal cells from diagrams, light micrographs and as seen under the light microscope using prepared slides and fresh material treated with an appropriate temporary staining technique:
- cell wall
  - cell membrane
  - cytoplasm
  - nucleus
  - cell vacuoles (large, sap-filled in plant cells, small, temporary in animal cells)
  - chloroplasts
- (b) identify and state the functions of the following membrane systems and organelles from diagrams and electron micrographs:
- endoplasmic reticulum
  - Golgi body
  - mitochondria
  - ribosomes
- (c) compare the structure of typical animal and plant cells
- (d) explain how the structures of specialised cells are adapted to their functions (e.g. muscle cell – many mitochondria to supply more energy, root hair cell – large surface area of cell membrane for greater absorption, red blood cell – lack of nucleus allowing it to transport more oxygen)

## TOPIC 2. MOVEMENT OF SUBSTANCES

- Diffusion
  - Osmosis
  - Active Transport
- 

### ***Guiding Questions***

- How do living organisms regulate the exchange of materials within themselves and with their environment?

### ***Topic Description***

Living organisms need to regulate the exchange of substances such as nutrients, water and waste products with the environment for survival. This exchange of materials relies on both active and passive processes. Passive processes such as diffusion and osmosis facilitate the movement of substances down a concentration gradient while active processes such as active transport facilitate the movement of substances against a concentration gradient.

Empowering ourselves with knowledge of these transport processes have enabled us to come up with medical solutions to health problems such kidney dialysis and invent innovative ways to solve water shortage problems through the innovation of NEWater.

Learning Outcomes
(a) define <i>diffusion</i> and describe its role in nutrient uptake and gaseous exchange in plants and humans
(b) define <i>osmosis</i> , investigate and describe the effects of osmosis on plant and animal tissues
(c) define <i>active transport</i> and discuss its importance as an energy-consuming process by which substances are transported against a concentration gradient, as in ion uptake by root hairs and uptake of glucose by cells in the villi

### TOPIC 3. BIOLOGICAL MOLECULES

- Carbohydrates, Fats and Proteins
  - Enzymes
- 

#### ***Guiding Questions***

- What molecules do living organisms need to sustain life?
- Why do living organisms need enzymes and how do enzymes work?

#### ***Topic Description***

Living organisms need to produce or obtain food that contains three main groups of nutrients which are carbohydrates, proteins and fats to sustain life. These nutrients usually come in the form of large molecules (macromolecules) and need to be broken down into smaller molecules and transformed in various ways to be used by living organisms. For example, large carbohydrate molecules need to be broken down into smaller molecules of glucose to be absorbed by body cells to release energy. The amount of nutrients required by different living organisms may vary, depending on their lifestyles and health statuses.

The breakdown of macromolecules is one of countless chemical reactions constantly happening in living organisms. Many of these chemical reactions are usually too slow and cannot sustain life. Hence, living organisms rely on an important group of proteins, known as enzymes, to alter or speed up the chemical reactions needed to drive many biological processes in living organisms such as digestion, photosynthesis and respiration. Without enzymes, life could slow to a crawl and may cease to exist. Understanding this unique characteristic of enzymes of being able to speed up biological processes has allowed industries to quicken the production of food and beverages, such as fruit juice.

### Learning Outcomes

- (a) list the chemical elements which make up:
- carbohydrates
  - fats
  - proteins
- (b) state the main roles of carbohydrates, fats and proteins in living organisms:
- carbohydrates as an immediate source of energy
  - fats for insulation and long-term storage of energy
  - proteins for growth and repair of cells
- (c) describe and carry out tests for:
- starch (using iodine in potassium iodide solution)
  - reducing sugars (using Benedict's solution)
  - protein (using biuret solution)
  - fats (using ethanol)
- (d) state that large molecules are synthesised from smaller basic units:
- cellulose, glycogen and starch from glucose
  - polypeptides and proteins from amino acids
  - lipids such as fats from glycerol and fatty acids
- (e) explain the mode of action of enzymes in terms of an active site, enzyme-substrate complex, lowering of activation energy and enzyme specificity using the 'lock and key' hypothesis
- (f) investigate and explain the effects of temperature and pH on the rate of enzyme catalysed reactions

## 2.2 The Human Body – Maintaining Life

### Overview

*Driving question: How do human body systems work to maintain life?*

Life is sustained through the integrated organisation of the whole organism. In humans, the maintenance and regulation of life processes include nutrition, transport, respiration, excretion, homeostasis and co-ordination and response. These processes are all part of different living systems, so how do they work?

Living systems utilise energy and macromolecules to maintain life processes such as growth, reproduction and homeostasis. Interactions also exist between living systems within organisms, which are often accompanied by the transfer of energy between matter and transfer or exchange of matter. Each system has their component parts, characterised by the division of labour. This division of labour enables an organism to function efficiently and allows for the various systems to work together as a co-ordinated whole. The co-ordinated response across systems to maintain optimal internal environments stimulated by external and internal changes forms the basis of homeostasis.

The threat of diseases disrupts the maintenance of important life processes and the functioning of human body systems. In ancient times, the concept of ‘catching’ a disease was unheard of, and diseases were even thought to be caused by the imbalance of ‘humours’ (internal fluids) within the body. However, with the invention of the microscope, we have found out that infectious diseases are often caused by pathogens, e.g. viruses and bacteria.

The overarching ideas in the study of this section are the co-ordination of the human body system as a whole and the correlation between structure and function.



## TOPIC 4. NUTRITION IN HUMANS

- Human Digestive System
  - Physical and Chemical Digestion
  - Absorption and Assimilation
- 

### ***Guiding Questions***

- How does the human body obtain nutrients from food?

### ***Topic Description***

Humans need to eat to obtain nutrients and energy for growth, repair, and maintenance. The nutrients are released from the food we eat through the processes of digestion, absorption and assimilation. The structure of the alimentary canal is designed to carry out these processes efficiently. For instance, peristalsis of the muscular walls of the stomach helps to break large pieces of food into smaller pieces and mix them with the digestive juices for chemical digestion. The highly folded surface of the small intestine allows digested food to be more quickly absorbed into the bloodstream.

Accessory organs in our digestive system also play important roles in the digestion and assimilation of food. For instance, the liver produces bile, which is involved in fat digestion, and the pancreas produces digestive juices and hormones to regulate our blood glucose concentration.

Knowledge of the digestive system has enabled medical advancements in the design of oral medication. For instance, innovation of pills with different coatings ensures that medication is only released when the pills arrive at their target organs.

### Learning Outcomes

- (a) describe the functions of the various parts of the digestive system: mouth, salivary glands, oesophagus, stomach, duodenum, pancreas, gall bladder, liver, ileum, colon, rectum, anus, in relation to ingestion, digestion, absorption, assimilation and egestion of food, as appropriate
- (b) describe peristalsis in terms of rhythmic wave-like contractions of the muscles to mix and propel the contents of the alimentary canal
- (c) describe the functions of enzymes (e.g. amylase, maltase, protease, lipase) in digestion, listing the substrates and end-products
- (d) explain how the structure of a villus, including the capillaries and lacteal, is suited for its function of absorption
- (e) state the function of the hepatic portal vein as the transport of blood rich in absorbed nutrients from the small intestine to the liver
- (f) state the role of the liver in:
- conversion of glucose to glycogen and vice versa
  - fat digestion
  - metabolism of amino acids and formation of urea
  - breakdown of alcohol
  - breakdown of hormones
- (g) outline the effects of alcohol consumption on the brain (e.g. increased reaction time, reduced self-control), the long-term effects of excessive consumption (e.g. liver disease and brain damage) and the social implications

## TOPIC 5. TRANSPORT IN HUMANS

- Parts and Functions of the Circulatory System
  - Blood
  - Heart and Cardiac Cycle
  - Coronary Heart Disease
- 

### ***Guiding Questions***

- Why do humans need a circulatory system?
- What are the different parts and functions of the human circulatory system?
- How can we prevent coronary heart diseases?

### ***Topic Description***

All living organisms need to exchange materials with their external environment for survival. This includes obtaining nutrients and oxygen needed to release energy and removal of waste products. Unlike unicellular organisms which simply exchange substances with their external environment through diffusion and osmosis, humans are complex multicellular organisms that need a circulatory system to do so. A healthy diet, exercising regularly and not smoking, is essential to maintain good cardiac health for our circulatory system to work efficiently.

The human circulatory system consists of a heart, blood vessels and blood as a transport medium. The structure of the heart and blood vessels are adapted to ensure the efficient exchange of substances within the body. For instance, the one-cell thick capillary wall allows the efficient exchange of substances between the blood and body cells. Apart from transport functions, the blood also plays important roles in defence against harmful substances such as bacterial infection. In Singapore, nearly 200 L of blood is required daily for use during medical emergencies and surgical procedures, and to treat patients with various life-threatening illnesses. The Singapore Red Cross helps to ensure that there is a steady supply of blood by organising blood donation drives and appealing for donors of specific blood groups when supply is low.

<b>Learning Outcomes</b>
(a) identify the main blood vessels to and from the heart, lungs, liver and kidney
(b) relate the structures of arteries, veins and capillaries to their functions (specific names of muscle layers in arteries and veins are <b>not</b> required)
(c) describe the transfer of materials between capillaries and tissue fluid
(d) state the components of blood and their roles in transport and defence: <ul style="list-style-type: none"> <li>• red blood cells – haemoglobin for oxygen transport</li> <li>• plasma – transport of blood cells, ions, soluble food substances, hormones, carbon dioxide, urea, vitamins, plasma proteins</li> <li>• white blood cells – phagocytosis, antibody formation and tissue rejection</li> <li>• platelets – fibrinogen to fibrin, causing clotting</li> </ul>
(e) list the different ABO blood groups and describe all possible combinations for the donor and recipient in blood transfusions
(f) describe the structure and function of the heart in terms of muscular contraction and the working of valves
(g) outline the cardiac cycle in terms of what happens during systole and diastole (histology of the heart muscle, names of nerves and transmitter substances are <b>not</b> required)
(h) describe coronary heart disease in terms of the occlusion of coronary arteries and list the possible causes, such as unhealthy diet, sedentary lifestyle, and smoking, stating the possible preventative measures

## TOPIC 6. RESPIRATION IN HUMANS

- Human Gas Exchange
  - Cellular Respiration
- 

### ***Guiding Questions***

- Why do humans need a respiratory system?
- What are the different parts and functions of the human respiratory system?
- Why is cellular respiration important and how does it work?
- What are the harmful effects of smoking?

### ***Topic Description***

In an earlier chapter, we learnt that humans obtain energy from the food we eat. Specifically, energy is locked in glucose molecules and can only be released when it reacts with oxygen in our body cells through a process known as cellular respiration. Hence, humans need a respiratory system to obtain oxygen from the air around us for cellular respiration to take place.

The human respiratory system contains a series of air passages, the lungs, the ribcage and diaphragm. These structures are adapted to facilitate the movement of air into and out of the body and efficient gas exchange within the lungs. For example, the one-cell thick wall of the alveoli ensures faster diffusion of gases between the lungs and the blood. The health of our respiratory system can be threatened by unhealthy habits such as smoking which decreases the respiratory system's efficiency in gaseous exchange.

<b>Learning Outcomes</b>
(a) identify the larynx, trachea, bronchi, bronchioles, alveoli and associated capillaries and state their functions in human gaseous exchange
(b) describe the process of breathing and the role of cilia, diaphragm, ribs and internal and external intercostal muscles
(c) explain how the structure of an alveolus is suited for its function of gaseous exchange
(d) state the major toxic components of tobacco smoke – nicotine, tar and carbon monoxide, and describe their effects on health
(e) define <i>aerobic respiration</i> in human cells as the release of energy by the breakdown of glucose in the presence of oxygen and state the equation, in words and symbols
(f) define <i>anaerobic respiration</i> in human cells as the release of energy by the breakdown of glucose in the absence of oxygen and state the word equation
(g) explain why cells respire anaerobically during vigorous exercise resulting in an oxygen debt that is removed by rapid, deep breathing after exercise

## TOPIC 7. EXCRETION IN HUMANS

- Structure and Function of Kidneys
  - Kidney Dialysis
- 

### ***Guiding Questions***

- Why do we need to remove metabolic waste products from our blood?
- How does the excretory system work to remove the metabolic waste products?
- What happens when our excretory organs are not functioning well?

### ***Topic Description***

When humans undergo metabolic activities, metabolic waste products are produced. For instance, carbon dioxide is produced when cells respire and urea is produced when amino acids are deaminated. If left to accumulate within the body, these metabolic waste products can be toxic. Hence, it is crucial for our bodies to be able to remove them through excretion.

In this topic, we focus on how our kidneys play a critical role in the removal of excess fluids and urea while regulating the water potential of our blood through the formation of urine. When kidneys malfunction, the water potential in our blood may increase, resulting in increased blood volume and hence blood pressure that may cause blood vessels to burst. Willem Kolff, a Dutch physician, invented the first dialysis machine in 1943 in hopes of saving the lives of patients suffering from kidney failure. While his prototype garnered little success, technological advancements have enabled vast improvements in the design of the dialysis machine for it to become what it is today, saving and improving the quality of lives of many kidney failure patients. While there are various options such as dialysis and kidney transplants available to patients, there are health, social and ethical considerations involved when selecting a suitable option.

<b>Learning Outcomes</b>
(a) define <i>excretion</i> and explain the importance of removing nitrogenous and other compounds from the body
(b) identify the kidneys, ureter, bladder and urethra and state their functions in excretion
(c) outline the function of the nephron with reference to ultra-filtration and selective reabsorption in the production of urine
(d) outline the mechanism of dialysis in the case of kidney failure



## TOPIC 8. HOMEOSTASIS, CO-ORDINATION AND RESPONSE IN HUMANS

- Principles of Homeostasis
  - Hormonal Control
  - Nervous Control
- 

### ***Guiding Questions***

- Why do living organisms need to regulate a constant internal environment?
- How do the nervous and hormonal control systems work to maintain homeostasis?

### ***Topic Description***

While the external environment is constantly changing, it is crucial for the internal environment of humans to remain stable and constant through a process known as homeostasis. Any imbalance would affect the efficiency of many physiological processes such as digestion, respiration and transport of substances. For instance, water potential in our blood must be kept relatively constant to maintain a concentration gradient for the efficient exchange of substances.

To maintain homeostasis, the human body needs to be able to detect changes, both within and outside the body, and set in place a series of actions to regulate and return the internal environment of the body to its ideal state. Both the hormonal and nervous systems play important roles in homeostasis by detecting and responding to changes. In this sense, these two systems act like communication systems within the human body. They can sense changes in the internal and external environment, send signals in the form of hormones through the bloodstream or impulses through the network of nerves to various organs which will carry out corrective actions to return the body's conditions to its ideal state.

<b>Learning Outcomes</b>
(a) define <i>homeostasis</i> as the maintenance of a constant internal environment
(b) explain the basic principles of homeostasis in terms of stimulus resulting from a change in the internal environment, a corrective mechanism and negative feedback
(c) describe the maintenance of a constant body temperature in humans in terms of the role of: <ul style="list-style-type: none"> <li>• temperature receptors in the skin detecting changes in temperature</li> <li>• sweating</li> <li>• shivering</li> <li>• altering blood flow through blood vessels near the skin surface</li> <li>• the co-ordinating role of the hypothalamus</li> </ul>
(d) define a <i>hormone</i> as a chemical substance, produced by a gland, carried by the blood, which alters the activity of one or more specific target organs
(e) explain what is meant by an endocrine gland, with reference to the islets of Langerhans in the pancreas
(f) explain how blood glucose concentration is regulated by insulin and glucagon as a homeostatic mechanism
(g) describe type 2 <i>diabetes mellitus</i> in terms of a persistently higher than normal blood glucose concentration due to the body's resistance to insulin or insufficient production of insulin
(h) identify the risk factors of (e.g. unhealthy diet and sedentary lifestyle) and ways to manage type 2 <i>diabetes mellitus</i>
(i) outline the role of anti-diuretic hormone (ADH) in osmoregulation
(j) state that the nervous system – brain, spinal cord and nerves, serves to co-ordinate and regulate bodily functions
(k) outline how receptors, sensory neurones, relay neurones (located in the spinal cord or brain), motor neurones and effectors work together to produce a co-ordinated response in a reflex action as a result of a specific stimulus
(l) describe the structure of the eye as seen in front view and in horizontal section
(m) state the principal functions of component parts of the eye in producing a focused image of near and distant objects on the retina
(n) describe the pupil reflex in response to bright and dim light

## TOPIC 9. INFECTIOUS DISEASES IN HUMANS

- Organisms affecting Human Health
  - Influenza and Pneumococcal Disease
  - Prevention and Treatment of Infectious Diseases
- 

### ***Guiding Questions***

- What causes diseases?
- How can diseases be prevented and managed?

### ***Topic Description***

Diseases, both infectious and non-infectious, threaten our health by disrupting the functions of human body systems. Previous topics have focused on non-infectious diseases, such as diabetes and heart diseases, their causes and preventive measures. This topic extends our understanding of diseases to infectious diseases in terms of their causes, prevention and treatment.

Infectious diseases are caused by pathogens such as bacteria and viruses which can spread between individuals. Important milestones in the prevention and cure of infectious diseases include Edward Jenner's discovery of a vaccine against the cowpox virus in 1796 and Alexander Fleming's hallmark discovery of the use of antibiotics to treat bacterial diseases in 1928. These discoveries saved millions of lives and changed the face of medicine. Unfortunately, the misuse and overuse of antibiotics led to the rapid rise of antibiotic-resistant bacteria, and we are now racing against time to develop new ways and drugs to fight such bacteria.

An increasingly interconnected world increases the spread of infectious diseases. An example close to home is the Coronavirus Disease 19 (COVID-19) outbreak. The virus was first discovered in 2019, and Singapore confirmed its first imported case in January 2020. Being highly infectious, it spread rapidly across the world and caused major disruptions to everyday life, involving closure of schools and businesses. To control its spread, the government put in several measures including emphasising good personal hygiene and restricting overseas travel.

<b>Learning Outcomes</b>
(a) state that infectious diseases can be spread from person to person whereas non-infectious diseases cannot and identify examples of each
(b) explain that infectious diseases are caused by pathogens such as bacteria and viruses and can be spread from person to person through body fluids, food and water
(c) state that a typical virus has a protein coat enclosing its genetic material and reproduces only in living host cells
(d) state that a typical bacteria cell has a cell wall and DNA without a nucleus; some are pathogenic and some non-pathogenic
(e) state the signs and symptoms of: <ul style="list-style-type: none"> <li>• influenza – caused by the influenza virus</li> <li>• pneumococcal disease – caused by the bacteria, pneumococcus</li> </ul>
(f) describe the transmission and methods to reduce the transmission of: <ul style="list-style-type: none"> <li>• influenza virus</li> <li>• pneumococcus</li> </ul>
(g) state that vaccines contain an agent that resembles a pathogen and prevent infectious diseases by stimulating white blood cells to quickly produce antibodies when the pathogen invades
(h) explain that antibiotics target bacteria by preventing synthesis of cellular structures but are ineffective against viruses due to structural and reproductive differences
(i) discuss how the misuse and overuse of antibiotics may accelerate the emergence of antibiotic-resistant bacteria

## 2.3 Living Together – Plants, Animals and Ecosystems

### Overview

*Driving Question: Why do living things need to interact with each other and their environment and how do they do so?*

The sun is the principal source of energy for almost all living organisms on earth, without which, life will not exist as it is today. Green plants are able to capture and convert light energy to useful chemical forms through the unique process of photosynthesis. Other organisms depend on this energy captured by plants through direct or indirect feeding relationships to sustain life.

The study of ecology will further explain how all organisms are interdependent on the transfer of energy and matter in this intricate web of life. Humans are by far the singular most influential species in ensuring the conservation of the fragile ecosystem and thus, there are important lessons to be learnt from this highly interdependent relationship among organisms. In the face of global warming as one of the major challenges confronting the world now, examining how human actions can reduce the effects of global warming takes on a pressing urgency to ensure the sustainability of the environment and life on Earth.

The overarching idea of this section is the interaction between organisms in the ecosystem for the sustainability of life through the transfer of energy and matter.

## TOPIC 10. NUTRITION AND TRANSPORT IN FLOWERING PLANTS

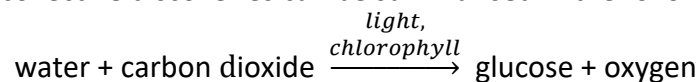
- Plant Structure
  - Photosynthesis
  - Transpiration
  - Translocation
- 

### **Guiding Questions**

- Why is photosynthesis important in maintaining life on earth?
- What happens during photosynthesis?
- How do plants obtain and transport the substances they need?

### **Topic Description**

All life on earth ultimately depends on plants for food. Green plants are distinct from other life forms in their ability to capture light energy from the sun to make food. Ancient Greeks thought that plants get their food from soil. Jan Baptista van Helmont proved this idea wrong in 1649. He found that plants make food through a process known as photosynthesis and water is required for this process. Various scientists built on Helmont's discovery and found that water is not the only material needed for photosynthesis - light, carbon dioxide and chloroplasts are also required. Their collective discoveries can be summarised in the following equation:



The structure of a plant and various environmental conditions affect its ability to obtain the raw materials needed for photosynthesis. Understanding the structure of plants and the process of photosynthesis allows us to engineer plants and design agricultural systems that can more efficiently harness energy from the sun to improve crop yield to feed an increasing world population.

<b>Learning Outcomes</b>
(a) identify the cellular and tissue structure of a dicotyledonous leaf, as seen in transverse section using the light microscope and describe the significance of these features in terms of their functions, such as the <ul style="list-style-type: none"> <li>• distribution of chloroplasts for photosynthesis</li> <li>• stomata and mesophyll cells for gaseous exchange</li> <li>• vascular bundles for transport</li> </ul>
(b) identify the positions of and explain the functions of xylem vessels and phloem (sieve tube elements and companion cells) in sections of a herbaceous dicotyledonous leaf and stem, under the light microscope
(c) explain how the structure of a root hair cell is suited for its function of water and ion uptake
(d) state that chlorophyll absorbs light energy and converts it into chemical energy for the formation of carbohydrates and their subsequent uses
(e) briefly explain why most forms of life are completely dependent on photosynthesis
(f) state the equation, in words and symbols, for photosynthesis (details of light-dependent and light-independent stages are <b>not</b> required)
(g) describe how carbon dioxide reaches mesophyll cells in a leaf
(h) investigate and discuss the effects of varying light intensity, carbon dioxide concentration and temperature on the rate of photosynthesis (e.g. in submerged aquatic plant)
(i) discuss light intensity, carbon dioxide concentration and temperature as limiting factors on the rate of photosynthesis
(j) define the term <i>transpiration</i> and explain that transpiration is a consequence of gaseous exchange in plants
(k) explain the movement of water between plant cells, and between them and the environment in terms of water potential (calculations on water potential are <b>not</b> required)
(l) outline the pathway by which water is transported into the roots and through the xylem vessels to the leaves by transpiration pull
(m) investigate and explain: <ul style="list-style-type: none"> <li>• the effects of variation of air movement, temperature, humidity and light intensity on transpiration rate</li> <li>• how wilting occurs</li> </ul>
(n) define the term <i>translocation</i> as the transport of food (mainly sucrose) in the phloem tissue and illustrate the process through translocation studies

## TOPIC 11. ORGANISMS AND THEIR ENVIRONMENT

- Energy Flow
  - Food Chains and Food Webs
  - Carbon Cycle and Global Warming
  - Effects of Man on the Ecosystem
  - Conservation
- 

### ***Guiding Questions***

- How are organisms in an ecosystem interdependent?
- How do human activities impact the environment and biodiversity?
- How can we protect our environment?

### ***Topic Description***

Organisms in an ecosystem are dependent on one another for survival. Green plants harness energy from the sun through photosynthesis and transfer this energy in the form of organic matter to secondary and tertiary consumers directly or indirectly through feeding relationships.

Our actions as a human population have deep implications on the health of the ecosystem. The need to feed the rapidly increasing human population in this millennium is placing great strains on earth's natural resources. Deforestation and the increased use of fossil fuels have caused an increase in atmospheric carbon dioxide concentration and is leading to global warming which affects the survival and health of all living organisms. The excessive and unsustainable use of plastic has also led to harmful effects on wildlife. Human ingenuity with a responsible mind-set can rise to this challenge through the sustainable use of natural resources that will contribute to a balanced ecosystem and potentially mitigate the effects of global warming\*.

*\*Global warming is one aspect of climate change. Other aspects of climate change (e.g. humidity, changes in precipitation patterns etc.) that are not covered in biology are covered in geography.*



<b>Learning Outcomes</b>
(a) describe the non-cyclical nature of energy flow
(b) describe the roles of producers, consumers and decomposers in food chains and food webs
(c) explain how energy losses occur along food chains, and discuss the efficiency of energy transfer between trophic levels
(d) describe and interpret pyramids of numbers and biomass
(e) describe how carbon is cycled within an ecosystem and outline the role of forests and oceans as carbon sinks
(f) describe how human activities, such as deforestation and use of fossil fuels, cause an increase in atmospheric carbon dioxide concentration, leading to global warming
(g) discuss how human actions can reduce the effects of global warming
(h) describe the effects of pollution caused by: <ul style="list-style-type: none"> <li>• sewage in water</li> <li>• plastic wastes in the marine environment</li> <li>• insecticides and their biomagnification up food chains, impacting on top carnivores</li> </ul>
(i) discuss how the conservation of species and sustainable use of natural resources contribute to the maintenance of biodiversity and a balanced ecosystem (e.g. coral reef, tropical rainforest, mangrove)

## 2.4 Continuity of Life

### Overview

*Driving Question: What are the processes involved in the continuity of life and how is genetic information passed from one generation to the next?*

The many aspects of structure and function that we have examined in this syllabus can be viewed in the widest context as various adaptations aimed at ensuring reproductive success. Reproduction is vital for the survival of species across generations.

In this section, we examine the processes that contribute to the continuity of life. These processes include how genes interact to produce hereditary characteristics in the offspring and how genetic information is passed from one generation to the next.

Some important scientists who contributed to findings in this section include Gregor Mendel – who published his observations from breeding experiments on pea plants, and James Watson and Francis Crick – who developed the model for deoxyribonucleic acid (DNA), a molecule that was deduced as the hereditary material that is passed down through generations. Models aid in the visualisation of science and led to the breakthrough of the discovery of the double-helix molecule – DNA.

The overarching ideas of this section are the storage of genetic information in the DNA and the passing down of genetic information through generations to ensure the continuity of life.

## TOPIC 12. MOLECULAR GENETICS

- The Structure of DNA
  - From DNA to Proteins
  - Genetic Engineering
- 

### ***Guiding Questions***

- What is DNA?
- How does DNA encode genetic information?
- What is genetic engineering and why is it important?

### ***Topic Description***

Deoxyribonucleic acid (DNA) is often referred to as the code of life as it contains instructions to produce all the proteins an organism needs for survival and growth. The discovery of DNA can be traced to Friedrich Miescher who isolated DNA from the nuclei of white blood cells in 1868. Miescher's discovery received little attention as genetic information was thought to be encoded in proteins. This changed in the 1940s when Oswald Avery proved that genes were made of DNA; this led to a race between scientists to unravel its structure. The structure of DNA was finally uncovered by James Watson and Francis Crick, with the help of Rosalind Franklin in 1953.

We now know that DNA has a double helical structure and is made of building blocks called nucleotides. Each nucleotide contains a deoxyribose sugar, a phosphate group and one of four nitrogenous bases, Adenine (A), Thymine (T), Cytosine (C) and Guanine (G). Genetic information is encoded in sequences formed by different arrangements of the four bases, just like how words are formed by different combinations of the alphabets.

The breakthrough discovery of DNA and its structure has changed our understanding of how life works and led to a new era of biology accompanied with new biological fields and technologies. One such technology is genetic engineering, which allows us to modify genetic information to produce new or improved traits. While revolutionising medicine and agriculture, genetic engineering also brought about various ethical and social issues.

<b>Learning Outcomes</b>
(a) outline the relationships among DNA, genes and chromosomes
(b) state that DNA is a double helix comprising two strands of nucleotides, each nucleotide formed of a sugar, a phosphate group and one of four different bases
(c) state the rule of complementary base pairing
(d) state that each gene: <ul style="list-style-type: none"> <li>• is a sequence of nucleotides, as part of a DNA molecule</li> <li>• codes for one polypeptide</li> <li>• is a unit of inheritance</li> </ul>
(e) state that DNA is used to carry the genetic code, which is used to synthesise specific polypeptides (details of transcription and translation are <b>not</b> required)
(f) state that genes may be transferred from the cells of one organism to the cells of another to form transgenic organisms
(g) briefly explain how a gene that controls the production of human insulin can be inserted into bacterial DNA to produce human insulin in medical biotechnology
(h) discuss the possible benefits and ethical considerations of genetic engineering, in medicine and production of economically important plants and animals

## TOPIC 13. REPRODUCTION

- Asexual Reproduction
  - Cell Division
  - Sexual Reproduction in Flowering Plants
  - Sexual Reproduction in Humans
  - Sexually Transmitted Diseases
- 

### ***Guiding Questions***

- How do living organisms, such as plants and humans, reproduce?

### ***Topic Description***

Living organisms reproduce to ensure the continuity of their species. They can reproduce sexually or asexually to transfer genetic information from one generation to the next. Asexual reproduction results in the production of genetically identical offspring from one parent while sexual reproduction requires two parents and results in genetically dissimilar offspring.

Cell division is the basis for reproduction. Organisms that reproduce asexually rely on mitosis to produce identical copies of itself. Multi-cellular organisms such as flowering plants and humans that reproduce sexually rely on meiosis to produce gametes with half the number of chromosomes. The gametes will then fuse during fertilisation to form a zygote with the full set of chromosomes, maintaining a constant amount of genetic information. The zygote will continue to grow and develop via mitosis.

Organisms which reproduce sexually require reproductive systems. Of all the organ systems, the reproductive system is the only system with significant differences between a male and a female. The activities of the reproductive system are controlled by hormones, for example, the release of a mature ovum in a human female is controlled by oestrogen and progesterone.

<b>Learning Outcomes</b>
(a) define <i>asexual reproduction</i> as the process resulting in the production of genetically identical offspring from one parent
(b) state that <i>mitosis</i> is a type of cell division giving rise to genetically identical cells in which the chromosome number is maintained
(c) state the importance of mitosis in growth, repair and asexual reproduction
(d) define <i>sexual reproduction</i> as the process involving the fusion of nuclei of male and female gametes to form a zygote and the production of genetically dissimilar offspring
(e) define the terms <i>haploid</i> and <i>diploid</i> , and explain the need for a reduction division process prior to fertilisation in sexual reproduction
(f) state what is meant by <i>homologous pairs</i> of chromosomes
(g) state that <i>meiosis</i> is a type of cell division that gives rise to genetically dissimilar cells in which the chromosome number is halved due to the separation of homologous chromosomes
(h) state that meiosis is used in the formation of gametes
(i) identify using a hand lens if necessary, the sepals, petals, stamens and carpels of insect-pollinated, dicotyledonous flowers, and examine the pollen grains under a light microscope
(j) state the functions of the sepals, petals, anthers and carpels
(k) identify, using a hand lens if necessary, the stamens and stigmas of wind-pollinated flowers, and examine the pollen grains under a light microscope
(l) outline the process of pollination and distinguish between self-pollination and cross-pollination
(m) compare, using fresh specimens, an insect-pollinated and a wind-pollinated flower and explain their differences
(n) outline the growth of the pollen tube and its entry into the ovule followed by fertilisation (production of endosperm and details of development are <b>not</b> required)
(o) identify the male reproductive system and state the functions of: testes, scrotum, sperm ducts, prostate gland, urethra and penis
(p) identify the female reproductive system and state the functions of: ovaries, oviducts, uterus, cervix and vagina

### Learning Outcomes

- (q) outline the menstrual cycle with reference to the alternation of menstruation and ovulation, the natural variation in its length, and the fertile and infertile phases of the cycle with reference to the effects of progesterone and oestrogen only
- (r) describe fertilisation and early development of the zygote simply in terms of the formation of a ball of cells which becomes implanted in the wall of the uterus
- (s) state the functions of the amniotic sac and the amniotic fluid
- (t) describe the function of the placenta and umbilical cord in relation to exchange of dissolved nutrients, gases and excretory products (structural details are **not** required)
- (u) discuss the transmission of human immunodeficiency virus (HIV) and methods to reduce transmission

## TOPIC 14. INHERITANCE

- The Passage of Genetic Information from Parent to Offspring
  - Monohybrid Crosses
  - Variation
  - Natural Selection
- 

### ***Guiding Questions***

- How is genetic information passed down from one generation to the next?
- How does natural selection bring about evolution?

### ***Topic Description***

In previous topics, we have learnt that traits of an offspring are determined by the genes that it receives from its parents through reproduction. So, why are the offspring of sexually reproducing organisms similar but not identical to their parents? Answering this question requires understanding how traits are passed down from one generation to the next.

The inheritance of traits was first described by Gregor Mendel, often called the father of genetics. He made three key observations which lay the foundation to our understanding of inheritance today. He observed that 1) each trait is controlled by a pair of genes that separate during gamete formation, 2) inheritance of one trait is not dependent on the inheritance of another, and 3) organisms with alternate forms of a gene, known as alleles, will express the form that is dominant.

The production of non-identical offspring and spontaneous mutation of genes create variation of traits among organisms in a population. Such variation prevents extinction of a species. When faced with diseases or competing for resources, individuals with favourable traits survive and reproduce, passing on these favourable traits to their offspring, thereby continuing their own kind. This process of natural selection eventually leads to a gradual change in characteristics of a population over time, also known as evolution.



<b>Learning Outcomes</b>
(a) distinguish between the terms <i>gene</i> and <i>allele</i>
(b) explain the terms <i>dominant</i> , <i>recessive</i> , <i>codominant</i> , <i>homozygous</i> , <i>heterozygous</i> , <i>phenotype</i> and <i>genotype</i>
(c) predict the results of simple crosses with expected ratios of 3:1 and 1:1, using the terms homozygous, heterozygous, F <sub>1</sub> generation and F <sub>2</sub> generation
(d) explain why observed ratios often differ from expected ratios, especially when there are small numbers of progeny
(e) use genetic diagrams to solve problems involving monohybrid inheritance
(f) explain co-dominance and multiple alleles with reference to the inheritance of the ABO blood group phenotypes (A, B, AB, O) and the gene alleles (I <sup>A</sup> , I <sup>B</sup> and I <sup>O</sup> )
(g) describe the determination of sex in humans – XX and XY chromosomes
(h) describe mutation as a change in the sequence of a gene such as in sickle cell anaemia, or in the chromosome number, such as the 47 chromosomes in the condition known as Down syndrome
(i) name ionising radiation (e.g. X-ray) and chemical mutagens as factors which may increase the rate of mutation
(j) distinguish between continuous and discontinuous variation and give examples of each
(k) state that variation and competition lead to differential survival of, and reproduction by, those organisms best fitted to the environment
(l) give examples of environmental factors that act as forces of natural selection
(m) explain the role of natural selection as a possible mechanism for evolution which is a gradual change in the inheritable characteristics of a population over time

# **SECTION 3: PEDAGOGY**

Teaching and Learning of Upper Secondary Biology  
Students as Inquirers  
Blended Learning  
Teachers as Facilitators  
Practical Work  
Use of ICT  
Designing STEM Learning Experiences in Science

## 3. PEDAGOGY

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### 3.1 Teaching and Learning of Upper Secondary Biology

We believe that all students are curious and want to explore and learn about things around them. The curriculum seeks to nurture students as inquirers by providing opportunities for them to explore and to appreciate the role of *Science for Life and Society*.

To nurture students as inquirers, teachers are key in facilitating a variety of learning experiences to support students in understanding *Core Ideas*, developing *Practices*, and cultivating *Values, Ethics and Attitudes*.

These learning experiences can be situated in various authentic contexts in both formal and informal settings and should inspire students to inquire and innovate. In designing purposeful and engaging learning experiences, teachers should consider amongst others, profile of students, resources available and relevant pedagogical approaches. Students should also be provided with opportunities to reflect on their own learning progress and act on feedback as part of Assessment for Learning (AfL).

Learning of science will not be complete without the incorporation of practical work, which develops in students the ways of thinking and doing while supporting their development of scientific knowledge and knowledge about science.

### 3.2 Students as Inquirers

For students to be inquirers, their thinking skills and dispositions should be developed as part of their learning experiences. To engage students as inquirers, they can be provided with learning experiences centred on authentic contexts that allow them to pose questions, be involved in discussions on socio-scientific issues, or be engaged in problem solving. Through these learning experiences, students are likely to

- ask questions as they engage with an event, phenomenon, problem or issue. They learn to be objective, ask questions which they are curious about and identify key variables of their questions. The questions and variables can guide the design of investigations, from which they draw valid conclusions.
- gather evidence to respond to their questions. They gather evidence through observations and collect qualitative or quantitative data using simple instruments. In the process, they have to make appropriate decisions about measurements or observations, which should be made with appropriate degree of precision and good details respectively.
- formulate explanations based on the evidence gathered. They explain their findings with integrity, based on evidence gathered (e.g. qualitative descriptions of observations or quantitative data collected over a time interval), conclusion(s) from the interpretation of experimental data or observations and underlying principles. They practise healthy scepticism towards the evidence gathered and observations made, and are aware of the effect of significant sources of errors on the reliability and validity of the explanations and conclusions reached.

- connect their explanations to various contexts. They explain how the concepts are related to or applied in various examples and contexts around them. This helps them to appreciate how science is relevant and universally applicable in everyday life and unfamiliar situations.
- communicate and justify their explanations. After data collection, they present and communicate the evidence in appropriate forms (e.g. tables, charts, graphs, with all quantitative data to an appropriate number of decimal places/significant figures) to facilitate the analysis of patterns and relationships. For example, they can use texts, drawings, charts, tables, graphs, equations or a combination of representations to support their explanations.
- reflect on their learning and progress. They can reflect on their learning (e.g. what they have learnt, how they would like to improve, what they are curious about) in different ways (e.g. ask questions, write journals). For laboratory-based learning experiences, students can propose how significant errors may be overcome or reduced, as appropriate, including how experimental procedures may be improved. These reflections help them take greater ownership of their own learning and develop deeper conceptual understanding.

### **3.3 Blended Learning**

#### **3.3.1 Why Blended Learning**

Blended Learning in MOE's context transforms our students' educational experience by providing them with a more seamless blending of different modes of learning. The key intended student outcomes are to nurture (i) self-directed and independent learners; and (ii) passionate and intrinsically motivated learners.

An aspect of Blended Learning is the integration of home-based learning (HBL) as a regular feature of the schooling experience. HBL can be a valuable complement to in-person schooling. Regular HBL can equip students with stronger abilities, dispositions and habits for independent and lifelong learning, in line with MOE's Learn for Life movement.

Blended Learning presents an opportunity to re-think curriculum and assessment design and innovate pedagogies for a more effective and student-centric educational experience. It involves giving students more ownership and agency over how they learn, at a pace they are comfortable with. It also offers scope for teachers to tap the advantages of both in-person learning and distance learning to plan lessons best suited to each mode of learning opportunity.

### 3.3.2 What is Blended Learning

Blended Learning provides students with a broad range of learning experiences (see **Figure 3.1**).



**Figure 3.1:** Examples of Blended Learning experiences

Possible Blended Learning Experiences	What this means
<b>Structured/Unstructured learning</b>	A combination of structured time for students to learn within a given time frame and unstructured time for students to learn at their own pace and exercise self-management
<b>Synchronous/Asynchronous learning</b>	A combination of in-person schooling, live online lessons and online/offline learning where students learn remotely and at their own pace.
<b>Within-curriculum/Out-of-curriculum learning</b>	Opportunities for students to learn from and beyond the formal curriculum
<b>Distance/In-person learning</b>	Opportunities for students to learn during face-to-face lessons with teachers and peers in school, complemented by out-of-school learning activities
<b>ICT-mediated/Non-ICT-mediated learning</b>	Opportunities for students to learn through a combination of ICT-mediated and non-ICT-mediated learning experiences

**Table 3.1:** Elaboration of possible Blended Learning experiences

### 3.4 Teachers as Facilitators

In the teaching and learning process, teachers play an important role in stimulating students' curiosity, as well as encouraging students to see the value of science and its applications in their everyday lives.

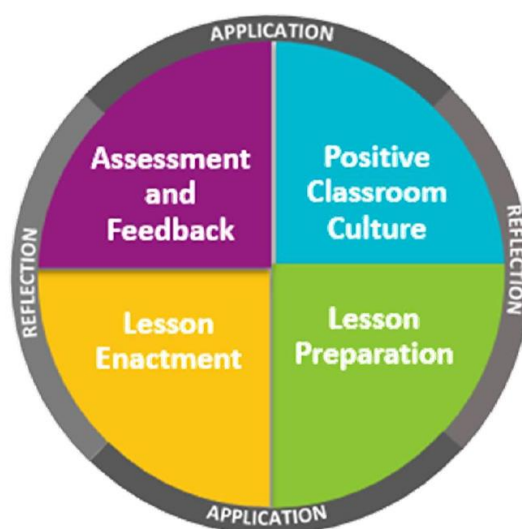
To do these, teachers should ensure that the learning experiences provided for students go beyond learning facts and outcomes of scientific investigations. Teachers should play the role of facilitators to support students as inquirers.

As facilitators, teachers should:

- provide students with opportunities to ask questions about events/phenomenon/problems/issues that are related to their daily lives, society and environment;
- support students in gathering and using evidence;

- encourage students to formulate and communicate explanations based on evidences gathered;
- encourage students to apply concepts learnt in understanding daily events/phenomenon, finding solutions to problems/issues and creating products; and
- provide students with opportunities to reflect on their own learning progress and act on feedback provided through formative assessment.

The *Pedagogical Practices* in the *STP*, as shown in **Figure 3.2**, comprise four core *Teaching Processes* which lie at the heart of good teaching. Teachers can refer to the Teaching Processes and relevant Teaching Areas under each process to guide them in the design and enactment of students' learning experiences. To design student-centred learning experiences, teachers will need to consider student profiles, readiness and needs as they transit from lower to upper secondary, as well as understand the interest and aspirations of these students as they progress to the next stage of studies and the future workplace.



**Figure 3.2:** The four core *Teaching Processes* within the *Pedagogical Practices* in *STP*

### 3.5 Practical Work

Practical work is an essential component of science teaching and learning, both for the aim of developing students' scientific knowledge and that of developing students' knowledge about science.

Good quality science practical work supports the teaching and learning of science in the following ways:

- Develop science inquiry skills
- Develop experimental techniques and practical manipulative skills
- Understand the nature of scientific knowledge
- Enhance conceptual understanding
- Cultivate interest in science and in learning science

### 3.6 Use of ICT

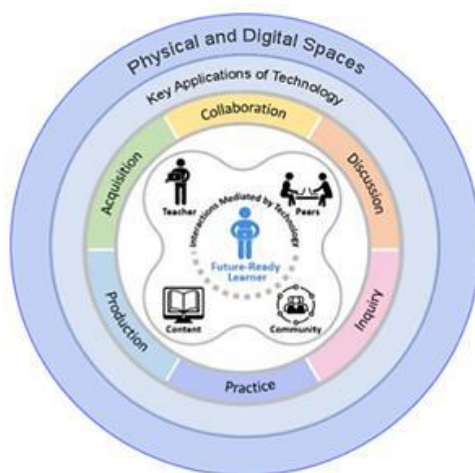
Integrating ICT can enhance teaching and learning practices in the science classroom. Teachers are encouraged to harness:

- e-Pedagogy principles for lesson design;
- technology for active learning; and
- technology for assessment and feedback.

#### 3.6.1 e-Pedagogy Principles for Lesson Design

##### What is e-Pedagogy?

e-Pedagogy is the practice of teaching with technology for active learning that creates a participatory, connected, and reflective classroom to nurture the future-ready learner.



**Figure 3.3:** Overview of e-Pedagogy

Teachers can be guided by the Key Applications of Technology (see **Figure 3.3**) in designing different learning experience types to achieve the intended learning outcomes of the Science syllabus and the Science Curriculum Framework. The following are the LE types that teachers could design with technology: Acquisition, Collaboration, Discussion, Inquiry, Practice and Production. These learning experience types, occurring in the physical and/or digital spaces, capitalise on the role of technology in mediating learning interactions between the learner and the teacher, peers, content, and community.

#### 3.6.2 Technology for Active Learning

Beyond the use of digital resources, there is a need to evaluate and select appropriate technological tools based on their pedagogical affordances and apply technologies to support active learning in science. For example, online collaboration tools can be used by teachers to facilitate students' co-construction of knowledge through scientific experimentation/ investigations (inquiry-based learning) or discussion of science-related issues (socio-scientific issues-based learning).

In the Upper Secondary Biology syllabus, students can be acquainted with the use of basic digital tools (e.g. data loggers, mobile apps). Apart from better preparing students for the technologically driven world, using digital tools in the classroom also supports the development

of the practices of science. For instance, when students are given opportunities to collect experimental data using these tools, competencies such as understanding experimental design, choosing appropriate probes or tools for data collection and data analysis can be developed. Digital tools can also enable students to visualise and explore biological systems and phenomena.

### 3.6.3 Technology for Assessment and Feedback

Meaningful integration of technology also supports teacher-student interactions. When students are given opportunities to demonstrate their understanding in multi-modal ways, supported by technology, rich learning data is available for assessment and feedback. In designing AfL items in the Singapore Student Learning Space (SLS), teachers should invite a range of different response strategies in order to assess students' learning, and use the monitoring features to understand students' learning gaps, provide timely feedback and track their learning progress.

### 3.7 Designing STEM Learning Experiences in Science

STEM education seeks to strengthen the interest and capabilities of our students in STEM to prepare them for an increasingly complex and uncertain world. We want our students to be curious about the world around them, to think creatively and critically in solving problems, and be concerned citizens who make a difference in society. These are in line with the goals of Science Education.

When designing STEM learning experiences, consider two aspects: 1) level of integration and 2) level of application. These two aspects lie on a continuum as illustrated in **Figure 3.4**.

<b>Level of integration</b>	<p><b><i>Disciplinary</i></b></p> <ul style="list-style-type: none"> <li>• Learning is anchored within a discipline.</li> </ul>	←→	<p><b><i>Integrative</i></b></p> <ul style="list-style-type: none"> <li>• Learning involves integration of concepts/skills across two or more STEM disciplines.</li> </ul>
<b>Level of application</b>	<p><b><i>Learning knowledge and skills through real-world examples</i></b></p> <ul style="list-style-type: none"> <li>• Use of real-world examples to illustrate concepts.</li> <li>• Involves application of knowledge/skills to solve simplified/routine problems set in real-world contexts.</li> </ul>	←→	<p><b><i>Creative application of knowledge and skills in real-world contexts</i></b></p> <ul style="list-style-type: none"> <li>• Creative application of knowledge and skills (e.g. in ideating and making) to address real-world issues.</li> <li>• Involves application of knowledge/skills to solve complex real-world problems.</li> </ul>

**Figure 3.4** Design considerations for STEM Learning



# **SECTION 4: ASSESSMENT**

Purposes of Assessment  
Scope of Assessment  
Designing Assessment for Learning (AfL)  
Designing Assessment of Learning (AoL)

## 4. ASSESSMENT

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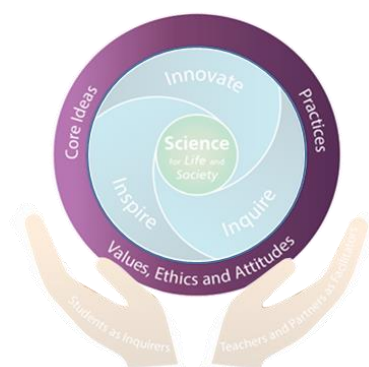
### 4.1 Purposes of Assessment

**Assessment** is the process of gathering and analysing evidence about student learning to make appropriate decisions and enhance learning. Assessment is integral to the teaching and learning process. In designing assessments, we need to have **clarity of purpose**. Assessment measures the extent to which desired knowledge, skills and attitudes are attained by students. It should produce both quantitative and qualitative descriptions of a learner's progress and development that can be analysed and used to provide feedback for improving future practices.

- Assessment provides feedback to **students**. It allows them to understand their strengths and weaknesses. Through assessment, students can monitor their own performance and progress. It also points them in the direction they should go to improve further. The use of feedback in this way helps students work towards mastering their 21CC.
- Assessment provides feedback to **teachers**. It enables them to understand the strengths and weaknesses of their students. It provides information about students' attainment of learning outcomes (which includes 21CC development) as well as the effectiveness of their teaching.
- Assessment provides feedback to **schools**. The information gathered facilitates the placement of students in the appropriate course, and the promotion of students from one level to the next. It can also help to inform the review of the instructional programmes in schools.
- Assessment provides feedback to **parents**. It allows them to monitor their children's learning attainment and progress through the information obtained.

### 4.2 Scope of Assessment

Besides knowing the reasons for assessment, it is important to be clear about what is being assessed. If the assessment objectives are not clear, then the information obtained from the assessment process will not help improve student learning; neither will the information be meaningful for making decisions about student progression.



The *Science Curriculum Framework* shares that students should be provided with strong grounding in the three fundamentals:

- Core Ideas of Science
- Practices of Science
- Values, Ethics and Attitudes (VEA) in Science

These broad goals are translated into more specific learning objectives under the Subject Content section.

While VEA are usually not assessed formally, informal assessment is encouraged.

### **4.3 Designing Assessment for Learning (AfL)**

Assessment for Learning (AfL) is assessment conducted constantly during classroom instruction to support teaching and learning. The critical feature about AfL is that information gathered from the assessment is used to adjust and improve the teacher's teaching strategies, as well as surface students' learning progress and difficulties.

### **4.4 Designing Assessment of Learning (AoL)**

Assessment of Learning (AoL) aims to summarise how much or how well students have achieved at the end of a course of study over an extended period of time. The Preliminary and O/N-Level examinations are examples of AoL. To ensure content validity, the assessment should be designed to cover a representative sample of the syllabus. The assessment content should reflect the scope of the syllabus and be pitched at the appropriate demand.

For more information on the scheme of assessment for the national examinations, please refer to the [Singapore Examinations and Assessment Board](#).

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## 5. ACKNOWLEDGEMENTS

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